

SPRING CLASS SCHEDULE 2024 LOFT, ZOOM & HYBRID
with Karin & Anne

April 1st - June 30th

Spring Semester Zoom & Hybrid Loft Schedule (1 hr 30min)

Monday - 9:00am - 10:30am - 4/8 to 6/17 Levels I/II 9 classes with Anne - \$170 - **In-Person classes only at The Loft (no Hybrid)** *no class on April 1st, May 13th, May 20th or June 24th.*

Tuesday - 6:00 pm - 7:30 pm - 4/2 to 6/25 - Levels III/IV 13 classes with Karin - \$245- **Hybrid**

Wednesday - 8:30 am - 10:00 am - 4/3 to 6/26 - Levels I/II 13 classes with Karin - \$245- **Zoom**

Wednesday - 6:00 pm - 7:30 pm - 4/3 to 6/26 - Levels II/III 13 classes with Karin - \$245 - **Hybrid**

Thursday - 9:00 am - 10:30 am - 4/4 to 6/27 - Levels II/III 13 classes with Karin - \$245 - **Zoom**

Saturday - 8:30 am - 10:00 am - 4/6 to 6/29- Levels I/II 13 classes with Karin- \$245 - **Zoom**

Sunday - 9:00 am - 10:30 am - 4/7 to 6/30 - All Levels 13 classes with Karin - \$245- **Hybrid**

In person classes such as Anne's Monday morning 9:00 am class and all Karin's hybrid classes are held at The Loft, 5 Frost Street, Apartment # 8, Cambridge, Ma. For more information and or directions: 617 529 1632 karinstephanyoga@aol.com

Series prices for 1hr 30 minute classes (to be used within 6 months of the date of purchase)

\$195 - 10 classes

\$ 85 - 4 classes

\$ 25 - Drop-in

Year Long Unlimited Class Package!

\$1,190

This package includes all Karin's 1hr 30 minutes and 1hr 15 minute classes and Anne's 9 am classes on Mondays. It does not include the Special Thanksgiving Day class or all Holiday break classes between Christmas and New Year.

Ongoing Zoom Classes with Karin (1hr 15 min)

Tuesdays: 11:00 am - 12:15 pm

Thursdays: 11:00 am - 12 :15 pm - **BEGINNER'S CLASS**

Saturdays: 10:15 am - 11: 30 am

Series Prices for 1hr 15 minutes classes (to be used within 6 months of date of purchase)

\$135 - Series of 8

\$255 - Two series of 8

\$ 75 - Series of 4

\$ 22 - Drop-in

Private Zoom or In-Person classes with Karin (1 hr)

Please inquire about taking private Zoom or in-person classes with Karin. These classes last for an hour and appointments can be made at various times throughout the week. 40 minute sessions are also available.

\$150 - 1 class

\$345 - 3 class package

\$550 - 5 class package

\$1050 - 10 class package

Special Private Consultations with Karin [1 hour 15 mins] \$175

Options: Yoga Asanas and Internal Organs or Alignment and The Asymmetric Body

To make an appointment contact Karin directly at: karinstephanyoga@aol.com or **617 529 1632**

PAYMENT METHODS for Karin's classes

To pay by PayPal :

www.paypal.me/karinstephanyoga

PayPal address is karinstephanyoga@aol.com

To pay by Venmo:

[@Karin-Stephan](https://www.venmo.com/Karin-Stephan)

Zelle : karinstephanyoga@aol.com

To pay by credit card :

Please call me with your credit card information whenever you wish (617) 529-1632. I need the card number, the expiration date, and the address to which the card belongs.

To pay by check :

Please make your check out to Karin Stephan, and send to 5 Frost Street Apt.#8, Cambridge, MA 02140

[Direct Zoom link:](#)

To sign in to any of Karin's classes as well as the classes substituted by other teachers

<https://us02web.zoom.us/j/4071270847?pwd=b0tnYk1zbkx5ekFhdldSZ01sb3lDZz09>

Password : yogaloft

Or just use the ID # below

ID: 407 127 0847

Password : yogaloft

For more details and questions:

Karin: karinstephanyoga@aol.com 617 529 1632

Anne: Annelcurtis@gmail.com 617 710 1220 - www.yogawithin.studio